



Equitas Health

INSTITUTE FOR LGBTQ HEALTH EQUITY



REPORT | April 7, 2017

Greater Dayton Transgender Mental Health Summit



EquitasHealthInstitute.com

CONFERENCE SUMMARY AND OBJECTIVES:

The Greater Dayton Transgender Mental Health Summit was held on Friday, March 3rd, 2017 at The Ellis Human Development Institute at Wright State University. This event was presented in partnership between Wright State University School of Professional Psychology and the Equitas Health Institute for LGBTQ Health Equity. Objectives for the summit included:



1. Identify the mental health risk factors for transgender and gender diverse populations.
2. Increase skills and confidence for providing mental health services to the transgender and gender diverse communities.
3. Connect mental health and social service providers with resources for transgender and gender diverse populations.

To meet these objectives, the summit began with a presentation by keynote speaker, Scott Leibowitz, MD, titled "Today's 'GENERATION' of Youth: Meeting the Clinical Needs of Gender Diverse and Transgender Youth Across Development", followed by two panel discussions: Child and Adolescent, and Guidelines and Practice for Serving Trans and Gender Nonconforming Adult Populations. Two different breakout sessions were offered during the day, including six different presentations to observe. Break-out topics included:

- Transgender 101, Resilience and Strength, Housing Insecurity and Homelessness in the Trans and Gender Diverse Community, Advocacy and Activism, Legal Nuts and Bolts, Aging Concerns in Trans and Gender Diverse Community.

The summit attracted two media companies to cover the event and conduct interviews. We were also honored to be presented with a Proclamation from the Office of the Mayor of the City of Dayton, Ohio declaring March 3rd, 2017 the Greater Dayton Transgender Mental Health Summit Day.

PRESENTERS

Keynote Speaker: Scott Leibowitz, MD, Child and Adolescent Psychiatrist, Nationwide Children's Hospital, Medical Director of Behavioral Health, THRIVE (gender and sex development) Program

Child and Adolescent Panel: Marissa Bogert, PsyD, Clinical Psychologist Heather Stewart, MD, Chief of Adolescent Medicine at Wright-Patterson Medical Center, and Linda and Aaron Nix.

Guidelines and Practice for Serving Trans and Gender Nonconforming Adult Populations: Michelle Vaughan, Wright State University, and Nicole Van Kirk.

Break-Out Session Presenters: Petey Peterson, Director of LGBTQA Affairs, Wright State University, Michelle Vaughan, Associate Professor, Wright State University, Coyote Capasso, RN, Danielle Smith, Executive Director National Association of Social Workers- Ohio Chapter, Kim Welter, Equality Ohio, Carly Edelstein, Equitas Health, and Ramona Peel, Lead Trainer and Trans Patient Navigator, Equitas Health Institute for LGBTQ Health Equity.

EVALUATION

WHO ATTENDED The summit had an outstanding response and sold out weeks before the event. There were approximately 95 individuals in attendance. Tickets were reasonably priced--\$60 for professionals and \$10 for students. For the summit, Continuing Education credits were offered for Social Workers and Psychologists. Out of all attendees, 32% were seeking Social Work credits, 29% were seeking Psychology credits, 22% were seeking certificates of completion, and 17% were not seeking any form of credit.



SATISFACTION WITH PRESENTATIONS

Presentations were evaluated on a range from very satisfied, satisfied, neutral, dissatisfied, and very dissatisfied. The Keynote address and both the morning and afternoon panels did not have any dissatisfied or very dissatisfied reviews. All three presentations had at least an 89% rate of satisfaction, with the keynote address having 100% of reviews as either very satisfied or satisfied.



Out of the six break-out sessions, Trans 101, Housing Insecurity and Homelessness in the Trans and Gender Diverse Community, and Legal Nuts and Bolts had 100% of reviews as either very satisfied or satisfied. Aging Concerns in Trans and Gender Diverse Community had the most attendees and 32, and Legal Nuts and Bolts had the highest rate of very satisfied reviews at 93%. Among all six of the breakout sessions, only 1 presentation had any dissatisfied reviews, and there was only 1.

Overall, the success of the presentations across the day was great. When asked to score whether each objective was met during the summit, all three objectives received scores of 100%, further validating the success of each presentation during the summit. We attribute this success to the quality, professionalism, and variety of each session.

FUTURE IMPROVEMENT

Most frequent suggestions:

- Larger facility, too tight
- More conducive space with tables to take notes
- Availability of slides of presentations
- Longer sessions, multi-day conference
- More break-out sessions, more topics, repeated sessions
- Coffee, breakfast



Most of these suggestions affirm the success of the summit. The most frequent complaint of the space being too tight demonstrates a great turn-out and possibilities for growth in the future. Suggestions for repeating the sessions demonstrates the educational need for the sessions offered, and interest in further information. Other suggestions regarding logistics can be implemented with a larger budget. For future summits, we will examine the ticket prices and a larger location.

FUTURE TOPICS OF INTEREST

- More of a focus on youth
 - How do families affirm youth and maintain values
 - School resources/ supporting trans children in school
 - Safety planning for at-risk youth
- Family counseling
 - Helping parents acknowledge the process of accepting trans child
- Relationship counseling/issues during transition
- Sexual assault/abuse
- Trans veterans/active military
- More techniques/ live role-plays
- Holistic care
- More gender diverse representation/discussion
- Topics spilt into varying level of knowledge: 101, higher levels, etc.

